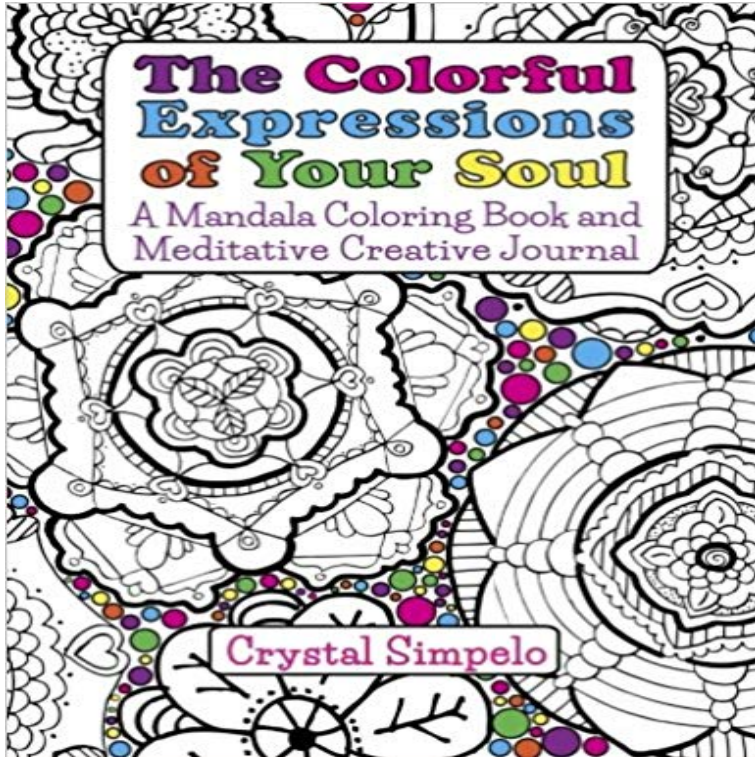


# The Colorful Expressions of Your Soul: A Mandala Coloring Book and Meditative Creative Journal



Crystal Simpelo has been in love with art ever since she could hold a crayon. In *The Colorful Expressions of Your Soul*, she writes about balancing your chakras with the tool of meditative Mandala art. With the use of simple visualizations and these 21 one-of-a-kind hand drawn Mandalas to color. She has transferred her love into these drawings for others to enjoy and be creative. She hopes that by following these simple tools you will have a positive impact on your life. Each Mandala includes a positive affirmation to meditate on as well as a journal page for you to write down your thoughts from each experience.

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