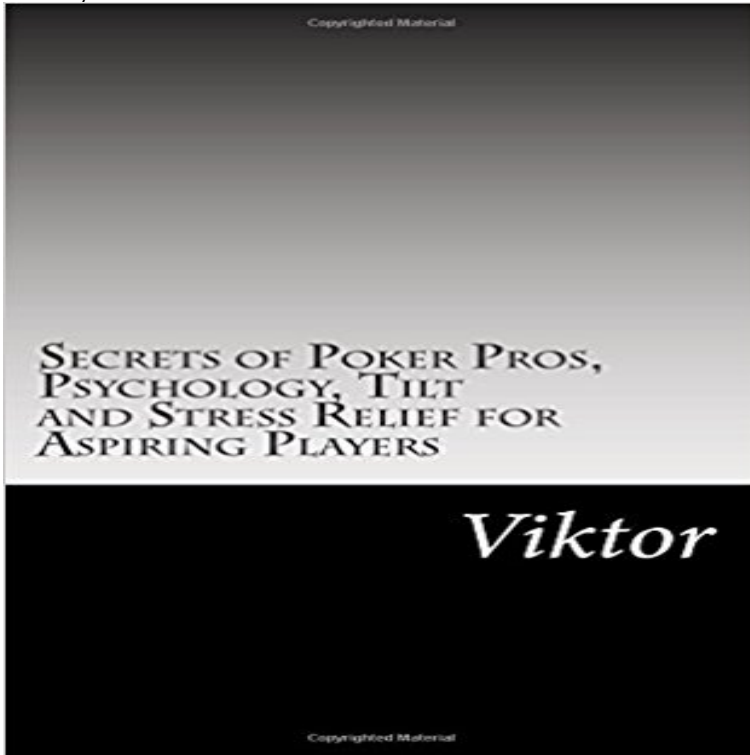


# Secrets of Poker Pros, Psychology, Tilt and Stress Relief for Aspiring Players



This book contains secrets that no Poker Pro will tell you. They want you to keep pushing all in with AA, when they have sets, straights or boats. They want you to play TAG when you have a weak 1 player or 2 player hand. This is your one step guide to become a pro. If you use understand all the concepts in the book and apply them properly, I can guarantee you will not lose in poker anymore and will become a force to be reckoned with at the tables. In this book I will offer you several exercises they may look superfluous on the top but when you actually do them, under the cover you will be made to think and this will help your poker mind immensely and raise your IQ. Improvements in poker do not happen in a single day as poker is a journey and not a destination to be reached. This book is comprised of my notes at several times while transitioning as a poker pro. You will find good read on the following sections 1. Poker Psychology 2. Poker Stress Relief 3. Eliminating Tilt 4. Secrets of the Poker Pros. Start crushing your home games by reading this book. Learn to balance ranges, use GTO principles, defending defensive actions of checking, calling, limping and aggressive actions of betting, raising, re-raising and all in so that your opponents never really know the strength of your hands. Apart from this this book has sections on Psychology, Stress Relief and Eliminating Tilt that no other book on poker gives today. A lot of serious poker pros actually go and do university courses on Psychology, in this book I share with you some of the best Poker Psychology material and related exercises to help you improve. Dont get left behind. Also checkout PokerVanguard tool to improve at Download.com

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